

## Bible Study

Daytime and evening Bible Studies for women of all ages and walks of life to study the Word together. Bible Study materials by a variety of authors are used, including some authored by Cascades women. Titus Sisterhood studies always focus on digging deep into the Word of God at home and then together. Video teaching, small group discussion, workbooks and other tools are used.

## Prayer Teams

Prayer is vital to the health of our church. Each Tuesday morning at 7 AM, Cascades women meet for 45 minutes of prayer at the church. All are welcome to come pray. Every facet of our church ministry as well as the needs of individuals are lifted up in prayer. Prayer needs may be submitted to the church office by dropping a note in the church office box, by email at [office@cascadeschurch.com](mailto:office@cascadeschurch.com) or by posting on the Woven Together Facebook page. A new group is forming that will meet for prayer at the Alpha Coney Island Restaurant at Jackson Crossing on the first Monday of every month at 9:30 AM. Watch the church bulletin for more information.

## Cultivate Conference

Our annual "Cultivate" conference is held each year in early October. It is a Friday evening and Saturday event that causes women to come away blessed, refreshed, spiritually fed and encouraged in their walk with Christ and one another.

## Mentoring

"Likewise, teach the older women to be reverent in the way they live, not to be slanderers or addicted to much wine, but to teach what is good. Then they can **train the younger women** to love their husbands and children, to be self-controlled and pure, to be busy at home, to be kind, and to be subject to their husbands, so that no one will malign the word of God." Titus 2:3-5

This is our model for mentoring. If you are a new believer, or a long time believer who desires to grow deeper in your relationship with God and need some accountability and motivation to do that, then a mentor may be just the person who can help you accomplish that. Contact Marcia Harrison for more information.

## Facebook

The majority of social media is used to voice personal thoughts, opinions and values. This is a good thing, but not the intent of the Woven Together facebook page. Our goal is to use the page to encourage one another, share prayer requests, uplift spirits and give testimony to God's goodness and blessings. If you are a woman who is a regular attender or member of Cascades Baptist Church, we would love to have you join our online, private community. Send a message or friend request to Rita Swartzlander and we will add you to the page.